

Spiritual Tools for Mastering Life's Challenges

August 27–29, 2010, Asheville, NC

Session #1

Friday Evening 6:45 p.m. – 9:00 p.m.

Dessert Social and Concert 9:00 p.m. – 10:30 p.m.

Mastery of Your Own Life

Spiritual Tool: The Spiritual Laws and their Application

Benefit: Divine Love, Wisdom, and Spiritual Freedom Through Self-mastery

“The purpose of the ECK teachings is to show you how to be the master of your own life.”
— *The Living Word*, Bk. 3, p. 85

Working in Harmony with the Spiritual Laws – *Learn How to Gain the Amazing Benefits of Self-mastery*

Moderator: Scott Riviere, with Ada Gonzalez, Lori Dergazarian, Jerry Hiller

Mastership is Anything Except Just Getting By – *Making Life a Masterpiece*, Bob Hayes

Walking the Path to the Kingdom of God – *Discover How Love Works*,

Moderator: Dan Sailer, with Fran Blackwell and Paul Pulkys

Guest Speaker, Peter Skelskey – *Opening a Door to a Life of Greater Love*

With musical performances during the main program by Bill Mann, Carolyn Walsh McLanahan and Tunde Baiyewu! A wonderful Dessert Social and Concert will follow the main program!

Session #2

Saturday Morning 9:00 a.m. – 12:00 noon

Mastery as Soul

Spiritual Tool: The Spiritual Exercises of ECK

Benefit: Spiritual Growth—by Awakening to Ourselves as Soul

9:00 a.m. – 10:00 a.m.

*HU, The Most Beautiful Prayer – *Discover the Transforming Power of this Simple Spiritual Exercise*

An interactive workshop for the public led by Richard Wildasin with Ada Gonzalez, and Sue Keck. All three presenters have discovered the great joy of living a life filled with the sound of HU. Denny Pinegar of NC will also share a personal story of how HU has transformed his life.

9:00 a.m. – 10:00 a.m.

HI/Chela Meeting

Main Program

10:15 a.m. – 12:00 noon

Spiritual Wisdom on Health and Healing – *Mastering the Creative Perspective*

Moderator: Scott Bell, with Michael Stern, Debbie Byrk-Serva, Jane Pulkys

Attaining Spiritual Growth by Awakening to Ourselves as Soul – *An Exploration of Expansive Spiritual Exercises*, Moderator: Sue Keck, with Joe Dobbs, Jeri Flinn, Lorry Koster

There is No Death – *Wisdom Gained through Spiritual Experience*, Barbara Morningstar

Ending a Chain of Karma from Past Lives – *The Treasure of the Spiritual Exercises*, Pete Solheim

* INDICATES FREE WORKSHOP OPEN TO ALL

Session #3

Saturday Afternoon

Workshops

1:45 p.m. – 2:45 p.m.

- * **Animals Are Soul Too! – *Divine Love and Spiritual Help from the Animal Kingdom***
Co-facilitated by Joan Horlbeck and Mary Schebil, with Frank Martorelli
- * **Spiritual Laws – *Expand Your Consciousness and Master Your Own Life***
Harold Ware and Linda Lafferty

3:00 p.m. – 4:00 p.m.

- * **Spiritual Wisdom on Prayer, Meditation and Contemplation – *A Guide to the Most Secret Part of Yourself.*** Co-facilitated by Richard Wildasin and Debbie Bryk-Serva, with Barbara Morningstar

3:15 p.m. – 4:45 p.m.

- * **Unlocking the Transformative Potential of ECK Satsang**
Second initiates and above. Mark Weber and Joan Horlbeck

4:15 p.m. – 5:15 p.m.

- * **Reinvent Yourself Spiritually – *To Thrive in a Changing World***
Facilitated by Frank Martorelli, Ada Gonzalez and Micah Couttet
- * **Exploring Eckankar – *From the Outer Teachings to the Inner Wisdom***
with Sherry Ward, Scott Riviere and Debbie Gail Westbrook

Roundtable Discussions

1:30 – 2:30 p.m.

Overlook Terrace and Overlook Patio – Roundtable Discussion Groups

2:55 p.m. – 3:55 p.m.

Overlook Terrace and Overlook Patio – Roundtable Discussion Groups II

Roundtable Discussions

- Weathering the Spiritual Storms of Life
- Animals Teach about Love and Life
- Finding Answers from Within
- From Grief to Gratitude
- The Art of Spiritual Dreaming
- Wake Up to Waking Dreams
- Past Lives, Reruns from Which We Can Learn

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Session #4

Saturday Evening 6:45 p.m. - 9:30 p.m.

Theme: Mastery of the Inner Worlds of God

Spiritual Tool: Reliance on the Inner Master

Benefit: Achieve Your Greatest Spiritual Potential by Working with the Inner Master

Stepping Toward Self-mastery – *Taking Charge of Your Own Life*, Denise Fast

Learning to Work with the Inner Master – *Gaining Your Wings to Fly*

Moderator Sherwood Shaffer, with Susanne Hayes, John Scevola, Charles Richards

An Adjustment in the Inner Worlds – *Sometimes it's all that's needed...* Frank Martorelli

Achieve Love, Wisdom and Guidance – *Working with the Dream Master*

Moderator Michael Bailey, with Henry Koster, Paula Madzo, Kristin Chabot

Guest Speaker, Peter Skelskey – Working with the Inner Master To Achieve Your Greatest Spiritual Potential

Session #4

Sunday Brunch with Live Music 6:30 a.m. – 9:30 a.m.

Sunday Morning Service 9:30 a.m. - 12:15 p.m.

Theme: Mastering the Virtues of Life

Spiritual Tool: Learning the Five Virtues

Benefit: Release Old Limitations and Gain Spiritual Freedom

Release Old Limitations and Gain Spiritual Freedom, Harold Ware

Discrimination – *An Important Tool for Spiritual Growth*, Carolyn Walsh McLanahan

Forgiveness and Tolerance – *Leading to God-Realization*, John Scevola

Maintain Your Inner Balance through Detachment, Buck Flinn

Humility – *Let Love Fill Your Being*

“Spiritual Freedom Gained – *Through Love, Protection and Guidance*”

Youth Panel: Scott Bell, with Jr. and Ashley Appiagyei, Janelle Maners, Kelley Taylor

Guest Speaker, Peter Skelskey – Community HU

www.MasteringChallengesinLife.org

The North Carolina Satsang Society Presents The 2010 North Carolina ECKANKAR Regional Seminar

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